

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026				9:00 Stretching 9:30 Exercise 10:00 Nail Care 11:00 Sing Along/Snacks 11:30 Lunch 1:00 Puzzle 2:00 Fresh Breeze 3:00 Snacks 3:30 Bingo 4:00 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Hair care/Snacks 11:00 Color 11:30 Lunch 1:00 Fresh Breeze 2:00 Sing along 3:00 Snacks/Movie 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Balloon Toss/snacks 11:30 lunch 1:00 Fresh Breeze 2:00 Play Dough 3:00 Snacks/Bubble Blowing 4:30 Dinner 6:00 Bible Study Simchat Torah Begins
9:00 Stretching 9:30 Exercise 10:00 Sing Along/Snacks 11:30 lunch 1:00 Fresh Breeze 2:00 Family Visit 3:00 Snacks/Color 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Bible Study/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Puzzle 3:00 Snacks/Bingo 4:30 Dinner 6:00 Bible study	9:00 Stretching 9:30 Exercise 10:00 Hand Massage 11:30 Lunch 1:00 Fresh Breeze 2:00 Western Movie 3:00 Balloon Toss/Snacks 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise BEAUTY SHOP 10:00 90's Movie time 11:30 Lunch 1:00 Fresh Breeze 2:00 Bubble Blowing 3:00 Snacks/Chit Chat 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Nail Care 11:00 Sing Along/ Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Puzzle 3:00 Snacks/Bingo 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Hair Care/Snacks 11:00 color 11:30 Lunch 1:00 Fresh Breeze 2:00 Hallmark Movie 3:00 Card Matching/Snacks 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Balloon Toss/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Play Dough 3:00 Snacks/Bubble Blowing 4:30 Dinner 6:00 Bible Study
9:00 Stretching 9:30 Exercise 10:00 Sing Along/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Family Visit 3:00 Snacks/Color 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:00 Exercise 10:00 Bible Study/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Puzzle 3:00 Snacks/Bingo Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:00 Stretching 9:30 Exercise 10:00 Hand Massage 11:30 Lunch 1:00 Fresh Breeze 2:00 Western Movie 3:00 Balloon Toss/Snacks 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise BEAUTY SHOP 10:00 Folding Laundry 11:30 Lunch 1:00 Fresh Breeze 2:00 Bubble Blowing 3:00 Snacks/ Chit Chat 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Nail Care 11:00 Sing Along/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Puzzle 3:00 Snacks/ Bingo 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Hair Care/Snacks 11:00 COLOR 11:30 Lunch 1:00 Fresh Breeze 2:00 Hallmark Movie 3:00 Card Matching 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Balloon Toss/snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Play Dough 3:00 Snacks /Bubble Blowing 4:30 Dinner
9:00 Stretching 9:30 Exercise 10:00 Sing Along/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Family Visit 3:00 Snacks/Color 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:00 Exercise 10:00 Bible Study/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Puzzle 3:00 snacks/Bingo 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Hand Massage 11:30 Lunch 1:00 Fresh Breeze 2:00 Western Movie 3:00 Balloon Toss/Snacks 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise BEAUTY SHOP 10:00 90's Movie 11:30 Lunch 1:00 Fresh Breeze 2:00 Bubble Blowing 3:00 Snacks /Chit Chat 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Nail Care 11:30 Lunch 1:00 Fresh Breeze/Water Flowers 2:00 Puzzle 3:00 Snacks/Bingo 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Hair Care/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Hallmark Movie 3:00 Card Matching/Snacks 4:30 Dinner 6:00 Bible Study	9:00 Stretching 9:30 Exercise 10:00 Balloon Toss/Snacks 11:30 Lunch 1:00 Fresh Breeze 2:00 Play Dough 3:00 Snacks/Bubble Blowing 4:30 Dinner 6:00 Bible Study
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